**IDENTIFYING AND RANKING YOUR VALUES**

1. Have students list on a piece of paper as many occupations that appeal to them. These will be used later.
2. Ask student for a definition of the term “value”. “Something that is important to you.” List some examples of personal values, either from students or teacher generated.
3. Students will write down 4 or 5 of their personal values. These will be used later.
4. Have student complete the handout **IDENTIFYING YOUR VALUES**. There is room at the end of the 3rd sheet for students to add personal values that don’t appear on the prepared list.
5. Have students pick out 10 values that are most important to them. In any order, list these values on the sheet titled **RANKING YOUR VALUES**.
6. Student to complete the sheet, **RANKING YOUR VALUES**. Students will be ranking each value against each other value, by circling the more important value.
7. Students refer back to their appealing occupations that they listed earlier.
8. Students to complete the handout **PERSONAL VALUES AND OCCUPATIONAL CHOICE**.

**IDENTIFYING YOUR VALUES**

A) Extremely Important B) Important C) Less Important

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  |  | **A** | **B** | **C** |
| Achievement | Accomplishment; results brought about by diligence and persistence |  |  |  |
| Aesthetics | The appreciation and enjoyment of beauty in the arts and in nature |  |  |  |
| Altruistic | Regard for, or devotion to, the interest of others; service to others |  |  |  |
| Autonomy | The ability to be a self-determined individual; personal freedom, making own choices |  |  |  |
| Belonging | Being accepted as part of a group |  |  |  |
| Creativity | The creating of new ideas and designs; being innovative |  |  |  |
| Emotional Well-Being | Peace of mind, inner security; ability to recognize and handle conflicts |  |  |  |
| Excitement | Liking to feel great; thrills |  |  |  |
| Friendship | Having friends and being with them |  |  |  |
| Health | Being of sound body |  |  |  |
| Honesty | Being frank and genuinely yourself with others |  |  |  |
| Justice | Treating others fairly or impartially; conforming to truth, fact or reason |  |  |  |
| Knowledge | Seeking truth and information |  |  |  |
| Leisure | Plenty of time away from work |  |  |  |
| Love | Warmth, caring, unselfish devotion and loyalty to someone else |  |  |  |
| Loyalty | Maintaining allegiance to a person, group or institution |  |  |  |
| Morality | Believing and keeping ethical standards |  |  |  |
| Physical appearance | Concern for your attractiveness, being neat, clean, well-groomed |  |  |  |
| Pleasure | Satisfaction, fun, joy |  |  |  |
| Power | Possession of control, authority, or influence over others |  |  |  |
| Recognition | Being important, well liked, accepted |  |  |  |
| Religious Faith | Having a religious belief |  |  |  |
| Security | Being safe and taken care of; not having to worry about things |  |  |  |
| Skill | Being able to use your knowledge effectively; being good at doing something important to you and others |  |  |  |
| Tact | Being able to respond to others in a positive manner |  |  |  |
| Trustworthiness | Ability to be honest, straightforward and caring |  |  |  |
| Wealth | Having many possessions and plenty of money for things you want |  |  |  |
| Wisdom | Having a mature understanding, insight, good sense, and judgement |  |  |  |
| Work Ethic | Believing that work provides an inner satisfaction and fulfills a need in society |  |  |  |

**PERSONAL VALUES AND OCCUPATIONAL CHOICE**

**Occupations:**

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Values in Priority Order** | **1.** | **2.** | **3.** | **4.** | **5.** | **6.** | **7.** | **8.** | **9.** |
| 1. |  |  |  |  |  |  |  |  |  |
| 2. |  |  |  |  |  |  |  |  |  |
| 3. |  |  |  |  |  |  |  |  |  |
| 4. |  |  |  |  |  |  |  |  |  |
| 5. |  |  |  |  |  |  |  |  |  |
| 6. |  |  |  |  |  |  |  |  |  |
| 7. |  |  |  |  |  |  |  |  |  |
| 8. |  |  |  |  |  |  |  |  |  |
| 9. |  |  |  |  |  |  |  |  |  |
| 10. |  |  |  |  |  |  |  |  |  |
| **Rating** |  |  |  |  |  |  |  |  |  |
| **Ranking** |  |  |  |  |  |  |  |  |  |